

23rd September 2021



Dear Parents/Carers,

As you may already be aware, a new national Relationships, Sex and Health Education (RSHE) curriculum now forms part of the National Curriculum. As a result, your child will be taking part in lessons throughout the year on relationships, health and personal safety.

The purpose of the new curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of secure and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain.

Following consultations with parents, staff, pupils and governors last year, Wisborough Green will deliver a personalised approach to the curriculum that caters to the needs of our students.

This term, the whole school is focusing on relationships. Topics include families and friendships, safe relationships and respecting ourselves and others. This will all be taught at an age-appropriate level. Below is a breakdown of what the children will learn about in each year group this Autumn term.

Year 1

- Roles of different people
- Families
- Being cared for
- Recognising privacy
- Staying safe
- Seeking permission
- How our behaviour affects others
- Being polite and respectful

Year 2

- Making friends
- Feeling lonely
- Getting help
- Managing secrets
- Resisting pressure and getting help
- Recognising hurtful behaviour
- Recognising things in common and differences
- Playing and working cooperatively
- Sharing opinions

Headteacher: Mrs C Bennett BA (Hons), PGCE, NPQH
Newpound Lane • Wisborough Green • West Sussex RH14 0EE

Tel: 01403 700 280 email: office@wisboroughgreenschool.org.uk





Year 3

- What makes a family
- Features of a family
- Personal boundaries
- Safely responding to others
- The impact of hurtful behaviour
- Recognising respectful behaviour
- The importance of self-respect
- Courtesy and being polite

Year 4

- Positive friendships, including online
- Responding to hurtful behaviour
- Managing confidentiality
- Recognising risks online
- Respecting differences and similarities
- Discussing differences sensitively

Year 5

- Managing friendships and peer influences
- Physical contact and feeling safe
- Responding respectfully to a wide range of people
- Recognising prejudice and discrimination

Year 6

- Attraction to others
- Romantic relationships
- Civil partnerships and marriage
- Recognising and managing pressure
- Consent in different situations
- Expressing opinions and respecting other points of view, including discussing topical issues

It is likely that some of the children will be curious and have more questions regarding these subjects when they come home. We hope that by sharing the topics covered it will help to prepare parents and carers for discussions on these areas. More information on this subject is available in our recently updated Relationships, Sex and Health Policy which can be found on our school website. Should you have any questions or concerns about any of the above, then please feel free to get in touch with your class teacher or myself and we will do our best to help.

Kind regards,

Mrs Casimiro
RSHE Coordinator

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