

# THREE WEEK MENU

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



# WEEK 1

W/C:  
 17-Apr 08-May 29-May 19-Jun 10-Jul 31-Jul  
 21-Aug 11-Sep 02-Oct 23-Oct 13-Nov 04-Dec  
 25-Dec 15-Jan 05-Feb 26-Feb 18-Mar 08-Apr

2023

**MONDAY**      **TUESDAY**      **WEDNESDAY**      **THURSDAY**      **FRIDAY**

<b>HOT SPECIALS</b>	<b>Cheese and Tomato Pizza</b> V	<b>Sausages and Mash</b> Pork and Beef Cocktail Sausages with Mashed Potato and Gravy	<b>Roast Chicken</b> Served with Roast Potatoes and Gravy	<b>Beef Pasta Bolognese</b> Served with Fusilli Pasta	<b>Fish Fingers</b> Served with Chips and Beans or Salad
	<b>Chickpea and Vegetable Tikka Masala</b> Served with Wholegrain Rice V, ♡, 🌿	<b>Macaroni Cheese</b> V	<b>Cheese and Vegetable Bake</b> Served with Roast Potatoes V	<b>Vegetarian Meatless Balls</b> Served with Tomato Sauce and Rice V, ♡	<b>Vegetarian Burger</b> Served with Chips and Beans or Salad V
<b>JACKET POTATO</b>	<b>Jacket Potato with Cheese</b> V	<b>Jacket Potato with Vegetarian Bolognese</b> V, ♡	<b>Jacket Potato with Salmon Mayo</b> 🐟, ♡	<b>Jacket Potato with Baked Beans</b> V, ♡	<b>Jacket Potato with Cheese</b> V

All main meals are served with a side of vegetables or salad.

<b>DESSERT</b>	<b>Smooth Fruit Yoghurt</b>	<b>Cranberry and Orange Shortbread</b>	<b>Jammy Jack</b>	<b>Pineapple Upside-Down Cake</b> 🍏	<b>Fruity Friday</b> 🍏
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**AVAILABLE EVERY DAY**  
 Water, milk, salad, brown malted bloomer bread & fresh fruit



V Vegetarian    🐟 Oily Fish    🌿 Wholegrain  
 🍏 Fruity!    ♡ Nutritionist's Choice





















# WEEK 2

W/C:  
 24-Apr 15-May 05-Jun 26-Jun 17-Jul 07-Aug  
 28-Aug 18-Sep 09-Oct 30-Oct 20-Nov 11-Dec  
 01-Jan 22-Jan 12-Feb 04-Mar 25-Mar



2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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<b>Cheese and Tomato Pizza</b> 	<b>Chinese Chicken and Egg Rice</b> 	<b>Roast Ham</b> Served with Roast Potatoes and Gravy	<b>Beef Burger in a Bun</b> Served with Ketchup and Diced Potatoes	<b>Fish Fingers</b> Served with Chips and Beans or Salad
<b>Cauliflower Macaroni Cheese</b>  	<b>Cheese and Tomato Pasta</b> 	<b>Quorn Sausage</b> Served with Roast Potatoes and Gravy 	<b>Vegetarian Pasta Bolognese</b> Served with Fusilli Pasta  	<b>Vegan Dippers</b> Served with Chips and Beans or Salad 
<b>Jacket Potato with Baked Beans</b>  	<b>Jacket Potato with Cheese</b> 	<b>Jacket Potato with Tuna Mayo</b>	<b>Jacket Potato with Baked Beans</b>  	<b>Jacket Potato with Vegetarian Bolognese</b>  



All main meals are served with a side of vegetables or salad.

<b>Banana Marble Sponge</b> 	<b>Smooth Fruit Yoghurt</b>	<b>Apricot Shortbread</b>	<b>Jammy Jack</b>	<b>Fruity Friday</b> 
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**AVAILABLE EVERY DAY**  
 Water, milk, salad, brown malted bloomer bread & fresh fruit



 Vegetarian  
  Oily Fish  
  Wholegrain  
 Fruity!  
  Nutritionist's Choice



# WEEK 3

W/C:  
 01-May 22-May 12-Jun 03-Jul 24-Jul 14-Aug  
 04-Sep 25-Sep 16-Oct 06-Nov 27-Nov 18-Dec  
 08-Jan 29-Jan 19-Feb 11-Mar 01-Apr

2023

**MONDAY**      **TUESDAY**      **WEDNESDAY**      **THURSDAY**      **FRIDAY**

HOT SPECIALS	<b>Cheese and Tomato Pizza</b> V	<b>Sausages and Mash</b> Pork and Beef Cocktail Sausages with Mashed Potato and Gravy	<b>Roast Chicken</b> Served with Roast Potatoes and Gravy	<b>Chicken Tikka Masala</b> Served with Rice	<b>Fish Fingers</b> Served with Chips and Beans or Salad
	<b>Mixed Beany Chilli</b> Served with Rice V, HF	<b>Chinese Vegetable and Egg Rice</b> V, HF, WG	<b>Quorn Sausage</b> Served with Roast Potatoes and Gravy V	<b>Macaroni Cheese</b> V	<b>Vegetarian Meatless Balls</b> Served with Tomato Sauce and Chips V
JACKET POTATO	<b>Jacket Potato with Baked Beans</b> V, HF	<b>Jacket Potato with Tuna Mayo</b>	<b>Jacket Potato with Cheese</b> V	<b>Jacket Potato with Vegetarian Bolognese</b> V, HF	<b>Jacket Potato with Cheese</b> V
All main meals are served with a side of vegetables or salad.					
DESSERT	<b>Pineapple Upside-Down Cake</b> Apple	<b>Smooth Fruit Yoghurt</b>	<b>Cranberry and Orange Shortbread</b>	<b>Mandarin and Lemon Drizzle Slice</b>	<b>Fruity Friday</b> Apple

**AVAILABLE EVERY DAY**  
 Water, milk, salad, brown malted bloomer bread & fresh fruit



V Vegetarian    🐟 Oily Fish    🌿 Wholegrain  
 🍏 Fruity!    ❤️ Nutritionist's Choice

