

9th February 2024

Dear parents/carers of Year 3 and Year 4

On Thursday 21st March, we will be hosting our 'Extreme Survival Sleepover' on the school premises.

We will be carrying out a range of fun survival-themed activities that day, followed by dinner and then bed in the children's self-made dens in classrooms.

What will my child need to bring?

Your child will only need to bring essentials for the evening. They will need to be able to carry their bag around like a true extreme survivor, so don't forget to pack light! We suggest you bring the following:

- pyjamas
- toothbrush
- toothpaste
- flannel and hairbrush
- school uniform for Friday
- weather-proof Forest School kit
- sleeping bag or blanket
- bed roll or sleeping mat
- 1 pillow
- torch or headtorch
- 1 teddy

Children will come to school wearing Forest School clothes on Thursday.

Do I need to pack my child any food?

No. The school will provide snacks, dinner and breakfast for all of the children. We will also cater for children with allergies, intolerances and dietary requirements. We will require a **£5.00 contribution** towards food, which will need to be paid when giving consent on MCAS. Please **DO NOT** pack any additional snacks or food.

What do I do if my child needs to be given medicine?

If your child requires any medication to be administered during the sleepover, please get in touch with the school office so that we can make arrangements for this. We will of course be able to administer emergency medication such as inhalers and epipens if your child has an existing healthcare plan with the school. If you have any questions about this, please ask.

What if my child changes their mind about staying overnight?

If your child changes their mind about sleeping over and becomes distressed, we are happy to contact parents and arrange for them to be collected, but we would encourage them to stay if possible.

If your child wishes to participate but is unable to stay overnight, please let us know in advance. They will be picked up at 8.00pm.

What if my child has a packed lunch?

If your child is having a packed lunch on Friday 22nd March, you can drop this off on the Friday morning.

Important

Please can you confirm by **Friday 1st March** whether your child will be taking part in the sleepover. Please log onto your MyChildAtSchool account, under 'Trips' and 'Available' to make the payment of £5.00 and to give your consent. Please email the school office if you need to provide the following information:

- **Any special dietary requirements**
- **Medical conditions**

Please inform the school office via email if your child does NOT wish to attend. We need to have confirmed numbers for catering purposes. They will still be expected in school on Thursday and Friday as usual.

Kind regards,



Mrs Moss