

# WISBOROUGH GREEN TERMLY OVERVIEW FOR PHYSICAL EDUCATION (PE) YEARS R-6

See The PE Hub Scheme of Work for unit learning objectives

YEAR GROUPS	<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>
<b>RECEPTION</b>	<p>Revise and refine the fundamental movement skills they have already acquired: rolling, crawling, walking, jumping, running, hopping, skipping, climbing.</p> <p>Progress towards a more fluent style of moving, with developing control and grace.</p>	<p>Further develop and refine a range of ball skills including throwing, catching, kicking, passing, batting, and aiming.</p> <p>Develop confidence, competence, precision, and accuracy when engaging in activities that involve a ball.</p> <p>Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.</p> <p>Develop overall body-strength, balance, co-ordination and agility</p>	<p>Combine different movements with ease and fluency.</p> <p>Further develop and refine a range of ball skills including throwing, catching, kicking, passing, batting, and aiming.</p> <p>Develop confidence, competence, precision, and accuracy when engaging in activities that involve a ball.</p> <p>Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.</p> <p>Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines.</p>
<b>YEAR 1</b>	<p><b>Autumn 1</b> Attack, Defend, Shoot Dance</p> <p><b>Autumn 2</b> Run, Jump, Throw Gymnastics</p>	<p><b>Spring 1</b> Send and Return Dance</p> <p><b>Spring 2</b> Outdoor Adventurous Activities Gymnastics</p>	<p><b>Summer 1</b> Attack, Defend, Shoot Hit, Catch, Run</p> <p><b>Summer 2</b> Run, Jump, Throw Hit, Catch, Run</p>

<b>YEAR 2</b>	<b>Autumn 1</b> Attack, Defend, Shoot Gymnastics	<b>Spring 1</b> Run, Jump, Throw Gymnastics	<b>Summer 1</b> Hit, Catch, Run Outdoor Adventurous Activities
	<b>Autumn 2</b> Hit, Catch, Run Dance	<b>Spring 2</b> Attack, Defend, Shoot Dance	<b>Summer 2</b> Run, Jump, Throw Send and Return
<b>YEAR 3</b>	<b>Autumn 1</b> Outdoor Adventurous Activities Gymnastics	<b>Spring 1</b> Netball Dance	<b>Summer 1</b> Tennis Cricket
	<b>Autumn 2</b> Football Dance	<b>Spring 2</b> Basketball Gymnastics	<b>Summer 2</b> Lacrosse Athletics
<b>YEAR 4</b>	<b>Autumn 1</b> Hockey Dance	<b>Spring 1</b> Swimming Dance	<b>Summer 1</b> Tennis Cricket
	<b>Autumn 2</b> Swimming Gymnastics	<b>Spring 2</b> Basketball Gymnastics	<b>Summer 2</b> Lacrosse Athletics
<b>YEAR 5</b>	<b>Autumn 1</b> Football Dance	<b>Spring 1</b> Hockey Dance	<b>Summer 1</b> Outdoor Adventurous Activities Athletics
	<b>Autumn 2</b> Netball Gymnastics	<b>Spring 2</b> Cricket Gymnastics	<b>Summer 2</b> Rounders Tag Rugby
<b>YEAR 6</b>	<b>Autumn 1</b> Hockey Dance	<b>Spring 1</b> Netball Dance	<b>Summer 1</b> Outdoor Adventurous Activities Athletics
	<b>Autumn 2</b> Football Gymnastics	<b>Spring 2</b> Basketball Gymnastics	<b>Summer 2</b> Rounders Tag Rugby

