



# Reaching Families

Are you a parent or carer of a child or young person who has, or may have, special educational needs and disabilities in West Sussex?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, training and peer support.

## Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

## Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

## Training

Workshops and courses on a variety of issues delivered online, via Zoom

## Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

## Animations

Short animated films on a variety of subjects

## Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

## Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

## NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

## Facebook Group

An online parent support group providing news, information and peer support

If you would like more information about how Reaching Families can help, please contact:

Email: [admin@reachingfamilies.org.uk](mailto:admin@reachingfamilies.org.uk)

Telephone: 01903 366 360

Reg Charity No 1150906



**Reaching Families**

[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)