



# JULY 2025 Newsletter

FACE delivers online support via zoom for parents across the UK  
Talks are 90 minutes long, £24 each or FREE with a school membership code  
Book Online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk) on the PARENTS page



Schools can purchase a  
**FACE School Annual Membership**  
which means **ALL parents** and **ALL staff**  
get unlimited **FREE access** to **ALL** 16 parent talks

Thursday  
31<sup>st</sup> July  
19:00 - 20:00  
**FREE**



## Supporting Healthy Screen Use

Screens are here to stay.  
Identifying the issues and step by step guide  
to reduce the negative impact.

Monday  
21<sup>st</sup> July  
10:00 - 11:30  
£24  
recording available



## Supporting a Child with ADHD

Challenging the stereotypes and giving  
practical interventions. Clear explanation of  
the condition in all its forms and extremely  
useful advice.

Monday  
28<sup>th</sup> July  
10:00 - 11:30  
£24  
recording available



## Facing Defiance

Specific strategy to help parents manage  
defiant and challenging behaviour,  
especially aimed at ADHD, ODD and PDA  
conditions, 5 to 12 years old.

Tuesday  
29th July  
10:00 - 11:30  
£24  
recording available



## Anxiety Based School Avoidance

Understanding and supporting children  
who are anxious about school.  
Steps you can take to help them back  
into the classroom.

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)



# July Timetable

All sessions delivered live online via zoom £24 each 90 minutes long  
Book online at [facefamilyadvice.co.uk](http://facefamilyadvice.co.uk) Recordings available for 48 hours

Understanding Anger	1 July 10am
Supporting Healthy Screen Use	1 July 7pm
Introduction to OCD	7 July 10am
What is ACT?	7 July 7pm
Cannabis & Ketamine Awareness	8 July 10am
Anxiety Explained	8 July 7pm
Raising Self-Esteem	14 July 10am
Supporting Healthy Sleep	14 July 7pm
Decreasing Depression	15 July 10am
Understanding the Teenage Brain	15 July 7pm
Supporting a Child with ADHD	21 July 10am
Understanding Addictive Behaviour	21 July 7pm
Autism Improving Communication	22 July 10am
Improving Family Communication	22 July 7pm
Facing Defiance	28 July 10am